Driving Change

Research confirms that over 90% of crashes are caused by drivers' actions, which are expressions of their attitudes, behaviour and personal choices, NOT their inability to drive. One More Second will introduce your drivers to a new concept, the “attitude & behaviour shift”, which encourages drivers to make conscious, deliberate choices about driving safely - and to do so EVERY time they get behind the wheel. This unique course challenges drivers to be more self-aware and to revisit their driving style in order to help combat aggressive and distracted driving which has reached unprecedented levels.

Drivers' actions behind the wheel are influenced by many factors – mood swings, office politics, kids' schedules, work deadlines, traffic, weather and more. And one's attitude can be transformed wildly in an instant in response to external or internal triggers. One More Second teaches drivers to recognise such triggers and provide tools to help manage their emotions and reactions before they lead to destructive actions.
Defensive Driving Redefined

One More Second imparts a new definition of defensive driving - **a set of fundamental principles which, when combined in a planned driving system with the correct attitude and sufficient skills will guide a driver's actions.** The purpose of defensive driving is to reduce drivers' chances of collisions or incidents despite the actions of other road users or the conditions in which they're driving. This course introduces a systematic approach that will help to make your drivers' approach consistent every time they get behind the wheel. By using a planned system of driving, they will be less likely to make mistakes, and better able to recover and rectify the situation if they do.

Engaging Content

One More Second's 2-hour, interactive format appeals to all learning styles using a variety of engaging multimedia to maintain drivers' attention:

- **Fully narrated content segments** with accompanying text convey information in bite-size nuggets.
- **Full-motion video “journeys”** help drivers explore the unique hazards of city, motorway and urban driving.
- **Interactive format** helps drivers practice spotting threats before they become unavoidable dangers.
- **Knowledge checks** ensure that critical information is understood and retained.
- **Support for 12 languages** ensures that One More Second's important lessons can be shared with your drivers around the world.

The choice of industry leaders worldwide.

- 24 years' experience
- 1,000,000+ active fleet drivers
- 96 countries
- 90+ client & partner awards
- Comprehensive risk management solutions
- Large-scale validation studies

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